I DID IT

SPORT:

NAME:

5

GOOD VIBES ONLY

I AM SELFLESS

Teams win when everyone works together to reach a common goal. What are some ways you could be selfless when you're playing sports?

MEGA VERSE

Do not throw away this confident trust in the Lord. Remember the great reward it brings you!

Hebrew 10:35 (NLT)

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I AM SELFLESS

SPORTS FLASH 5

SYDNEY McLAUGHLIN PUTS GOD FIRST—Sydney McLaughlin grew up in New Jersey, and is in a family with several championship runners. In her first Olympics, Sydney was the youngest athlete to qualify for the US Olympic track team in over twenty-five years! In her second Olympics, she won a gold medal in the 400-meter hurdles and the 4x400-meter relay. She broke the world record four times in thirteen months, making her the fastest woman to run the 400-meter hurdles.

What would it feel like to win a world record?

Each time Sydney broke the record, the first thing she did was thank God. She didn't talk about how much she had practiced, how great a runner she was, or brag to her teammates that she had won. She showed selflessness because she didn't take the credit for her win and hard work. Instead, she thanked God for giving her the strength to run the race well. She also showed selflessness in team relays because she had to be a team player, and not just do what she wants to do. She had to practice with her team and put them first.

How can we be selfless when we play our sport?

Jesus Tells a Story about a Selfless Samaritan

Luke 10:25–37

Some people didn't like Jesus. A few of them even tried to trick Jesus into saying the wrong thing. One day, Jesus told a religious leader that the most important rules are loving God and loving our neighbors. The man liked His answer, but he tested Jesus by asking, "Who is my neighbor?"

What would you do if someone tried to trick you?

Jesus answered the man's question by telling a story. A man was attacked by robbers who left him beside the road, hurt and bleeding. A couple of religious leaders walked past the man and saw he needed help. They ignored him and kept going. Then a Samaritan man walked up and started helping the hurt man. He bandaged the man's wounds and even paid someone to take care of him until he got better. Jesus' story taught people that we are everyone's neighbor. We should be selfless and put others' needs before our own.

What are some ways we can practice being selfless?

We should be selfless in every part of our life. No matter where we are, we can find ways to put others first! What are some ways we can practice being selfless? Draw a picture of you being selfless in each circle.

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How do we know Jesus was selfless?
Write or draw your idea here.

Cut along the dotted line. Complete the I Did It! section and return the flap each day of camp.

I AM SELFLESS

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