



5-SESSION SCHEDULE

(3 HOURS)

	TIME	LENGTH	LOCATION	LEADER
Registration	_____	30 minutes	Registration Area	Registration Coach
Opening Rally	_____	20 minutes	Rally Zone	Rally Coach
Sports Session 1	_____	35 minutes	Sports Areas	Head Coach
Coach Huddle	_____	10 minutes	Sports Areas	Huddle Coaches
Sports Session 2	_____	35 minutes	Sports Areas	Head Coach
Halftime Snacks	_____	10 minutes	Concession Stand	Snack Coach
Halftime Rally	_____	15 minutes	Rally Zone	Rally Coach
Sports Session 3	_____	35 minutes	Sports Areas	Head Coach
Closing Rally	_____	20 minutes	Rally Zone	Rally Coach
Dismissal	_____		Rally Zone	

10-SESSION SCHEDULE

(1½ HOURS)



WEEK A	TIME	LENGTH	LOCATION	LEADER
Registration	_____	30 minutes	Registration Area	Registration Coach
Opening Rally	_____	15 minutes	Rally Zone	Rally Coach
Sports Session 1	_____	30 minutes	Sports Areas	Head Coach
Snacks	_____	10 minutes	Concession Stand	Snack Coach
Coach Huddle	_____	10 minutes	Sports Areas	Huddle Coaches
Sports Session 3	_____	25 minutes	Sports Areas	Head Coach
Dismissal	_____			

WEEK B	TIME	LENGTH	LOCATION	LEADER
Registration	_____	30 minutes	Registration Area	Registration Coach
Halftime Rally	_____	20 minutes	Rally Zone	Rally Coach
Sports Session 2	_____	35 minutes	Sports Areas	Head Coach
Snacks	_____	10 minutes	Concession Stand	Snack Coach
Closing Rally	_____	25 minutes	Rally Zone	Rally Coach
Dismissal	_____	(Send home <i>Sports Flash</i>)		



A DAY AT MEGA SPORTS CAMP

